

Downend & Bromley Heath Community Walks

Bromley Heath Park/Moorend/Winterbourne/Cleeve Walks

Start/ Finish:

Sports Pavilion, Bromley Heath Park ①

Buses: 4, 18, 318, 319

Parking: On-street in Queensholm Crescent or Wedgewood Road.

Refreshments:

Sandringham Pub, Quakers Road;
White Horse Pub, Bristol Road,
Hambrook

The Walk: 3.6 km (2.3 miles) or
5.6km (3.5miles). 1 to 1.5 hours.

An interesting walk from Bromley Heath Park along pleasant country lanes and footpaths. You will go through the village of Moorend, skirting Winterbourne Down and Whiteshill before meandering along the banks of the River Frome, skirting Frenchay and ending your walk through the suburbs of Bromley Heath. Over two thirds of the walk is on undulating tracks and

fields; there is a set of steep steps and 8 stiles. It is not suitable for pushchairs, wheelchairs, or people who use mobility aids and can be very muddy and slippery when wet.

1 From Bromley Heath Park pavilion, follow the path to the steps adjacent to the sports pavilion. At the top of the steps turn right onto the cycle track, then immediately left and across the footbridge over the Ring Road. Follow the path down to Bromley Heath Road.

2 At Bromley Heath Road, turn right, remaining on the right hand verge and follow the road for approximately 450 metres. Pass under the motorway to reach a tarmac footpath on your left. Here you may choose either the **shorter route** - see 3 below; or the **longer route** - see 5 below.

Sports Pavilion,
Bromley Heath Park off
Queensholm Crescent



3 Shorter Route: Turn left onto the path. Follow the path up the slope and around to right along the side of the motorway. Continue down the steps into the valley over the stile at the bottom and continue over the footbridge.

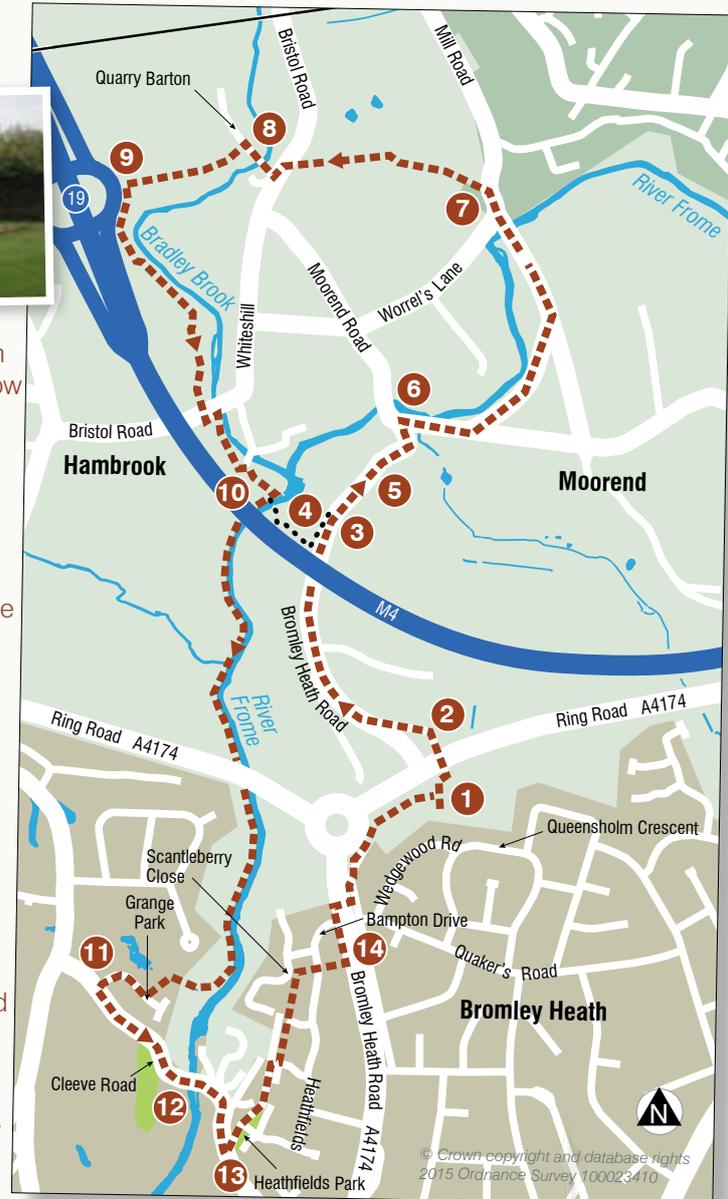
4 Turn left on the lane signed Frome Valley Walkway and go over a stile alongside the river bank. Go to 10 below.

5 Longer Route: Continue along the road and down into Moorend. Take care as the verges taper out and there are no footpaths. Stay on the right hand side of the road facing oncoming traffic. Follow the road to the T junction.

6 Turn right into Moorend Road, signed Cottage Kennels. After 100 metres turn left, signed to Winterbourne. Follow the road for approx 400 metres, cross the bridge over the river and turn right at the T junction into Mill Road. Cross this road and after 20 metres go over the stone stile on your left into the field.

7 Follow the track along the left hand side of the field until you reach the Kissing Gate. Head across the field and through the Kissing Gate onto the Bristol Road. Turn left and cross the road, turn right down Quarry Barton.

8 Follow Quarry Barton. After 60metres turn left at Brook Farm, carry on up the track for 80metres until you reach the stile on your right. Go across the stile



and follow the track to your left over the next 2 stiles. Turn left and follow the fenced path with the motorway on your right and meander all the way along and down to the Bristol Road.

9 Cross the stile in the gate to Bristol Road, bear slightly left as you cross the road and go over the stile into a field. Follow the track and pass through the Kissing Gate at the top of the field. At the bottom of the path turn right. Continue along the lane, turn right, signed Frome Valley Walkway, and go over the stile alongside the river bank.

10 Follow the track along the river bank passing under the Motorway, under a pipeline, over a small footbridge, and then under the Ring Road. Continue along the river bank.

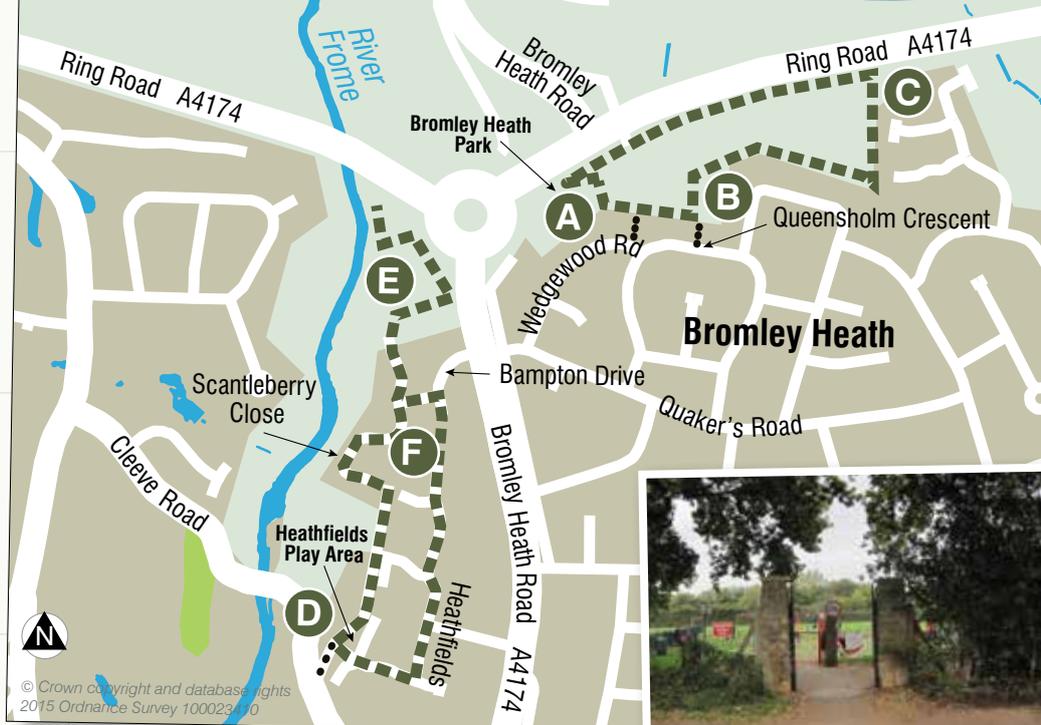
After approximately 150metres, follow the track to your right up the incline to exit the Valley via the Kissing Gate. Turn left and follow the lane up to Grange Park and turn right. Continue to the T junction of Grange Park and Cleeve Road.

11 Turn left and continue along Cleeve Road down to the Bridge. As you approach the centre of the Bridge, look across to your right and you'll see the old Turnpike boundary marker dated 1823. This was an old Toll Bridge in the 18th Century. The bridge also hides an earlier arch, possibly medieval, which can be seen beneath. If you look down over the left hand side of the bridge you will see Cleeve Mill, one of the best preserved mills along the river, with some stone-work dating back to the 17th Century. Originally a corn mill, it was adapted to make agricultural tools in 1798 before operations ceased in 1885. At the turn of the century when boating was popular it was a tea room before becoming a private residence.

12 Crossing the road safely in the middle of the bridge, where you gain the pavement on the other side of the road, continue up the road until you come to the entrance/exit with railings at the side to the Heathfields Cycle/Footpath and then cross the road safely here to continue past Heathfields playing fields area which leads onto the narrow lane connecting with Scantlebury Close.

13 Continue on this narrow path up through Scantlebury Close until you reach Bampton Drive and Bromley Heath Road.

14 Turn left on to Bromley Heath Road. Carry on across Bampton Drive and turn right at the pedestrian lights. Cross Bromley Heath Road and turn left onto the cycle track. Follow the cycle track for approx 250metres to the Pinch Gap entrance on the right into the Bromley Heath Park to return to your start point.



Bromley Heath Play Area

Short Walk from Bromley Heath Park

Start/ Finish:

Sports Pavilion, Bromley Heath Park off Queensholm Crescent

The Walk: 1.1 km (0.7 miles)

A nice short walk around Bromley Heath Park and the surrounding cycle/foot path. It is completely accessible for wheelchair users and pushchairs with a slight rise as you leave the park and access the Cycle/foot path and a gentle slope as you re-enter the park.

A From the Pavilion (A) head across the park to the children's play area.

B Follow the surfaced path around the play area through the park until you exit at the Pinch Gap on to the cycle/foot path.

C Turn left on the cycle/foot path and continue along the path for approximately 100metres. Turn left and continue along the path for 450metres turning left down the path through the Pinch Gap and back into the park and down to the Pavilion.

Short Walk from Heathfields Play Area

Start/ Finish:

Heathfields Play Area

Parking: on-street in Heathfields

The Walk: 1.6 km (1.0 miles)

D Set off alongside the Play Area and continue along the tarmac path. At the end of the path turn left and cross the unsurfaced track into Scantlebury Close. Follow this road around three bends to the end of Scantlebury Close.

E If you wish, walk into the open space, explore the open space area and walk down to the River Frome.

F Walk back along Scantlebury Close, take the first left and then first right into Bampton Drive. Continue ahead to cross an unpaved track into Heathfields. Follow this road (ignoring roads to the left and right) through an S bend, until you come to a T junction. Turn right here and after about 100 metres you will arrive back at your start point.

The publication of these walks was funded by the Downend & Bromley Heath Community Plan Group and the Parish Council. The aim is to encourage people to know their local parks and open spaces better.

Download the walks from: www.downendbromleyheath.org or phone the Parish Clerk on 0117 956 7001 for further information.

A 3.4 mile walk around the footpaths of the Parish and walks starting from George V Playing Field can also be found on the website.

For regular, organised Walking to Health walks in this area, see www.southglos.gov.uk/walkingtohealth

